Solving the problem of ‘Rise In Air Pollution’

How smog, soot, greenhouse gases, and other top air pollutants are affecting the planet—and your health.

***What is Rising Air Pollution?***  
  
Air pollution refers to the release of pollutants into the air—pollutants which are detrimental to human health and the planet as a whole.

### *Causes:* ****1. The Burning of Fossil Fuels****

### ****2. Industrial Emission****

### ****3. Indoor Air Pollution****.

### ****4. Wildfires****

### ****5. Microbial Decaying Process****

### ****6. Transportation****

### ****7. Open Burning of Garbage Waste****

### ****8. Construction and Demolition****

### 9. A****gricultural Activities****

### ****10. Use of chemical and synthetic products****

***Some Facts & Figures:***

* 9 in 10 People. Breathe in polluted air1
* 630 Million Children. Under 5 years old are exposed to air pollution below WHO's quality. ...
* 7 Million People. Die yearly as a result of air pollution1
* Four Million Premature Deaths. ...
* 3 Billion People. ...
* 4.2 Million Premature Deaths.

***Effects:***

|  |  |
| --- | --- |
| * Coughing * Wheezing/Difficulty breathing * Irritation to eyes, nose, and throat * Headache * Dizziness * Fatigue | * Respiratory diseases (Asthma, Emphysema) * Cardiovascular damage * Harm to liver, spleen, and blood * Nervous system damage * Cancer * Birth defects * Death |

***The Solution –***  
Some of the most impactful solutions to reduce air pollution (in no particular order) that *you* can do, today – and can pick and choose as you see fit:

## 1. Using public transports

## 2. Turn off the lights when not in use

## 3. Recycle and Reuse

## 4. No to plastic bags

## 5. Reduction of forest fires and smoking

## 6. Use of fans instead of Air Conditioner

## 7. Use filters for chimneys

## 8. Avoid usage of crackers

## 9. Avoid using of products with chemicals

## 10. Implement Afforestation